

Scarves – General Guidelines and Patterns

Scarves can be just about anything you want them to be that meets our mission:
“To provide comfort, caring, and God’s blessings for healing and strength to the receiver.”

Our scarves are currently provided to children in need in Wake County.

SIZE:

Scarves should be about 5” wide and a minimum of 36” long plus 5” of fringe on each end for a total of 46”. If not using fringe, make a minimum length of approximately 46”, but exact measurements are not necessary. This makes it really easy! You can follow pretty much any pattern and end up with a scarf of appropriate size.

YARN:

You are free to choose any yarn you prefer, but these are some general guidelines:

- *Most patterns call for a worsted weight yarn. For other yarn weights, you can adjust your needle and pattern sizes.
- *You want your product to be comfortable, machine washable and dryable, and fairly durable – this would include acrylics and blends, and there are a few newer wool blends that are soft and washable – just make sure it would not be itchy to the skin.
- *Specialty yarns are also fine however, it is best to avoid “eyelash” type yarns.
- *Inexpensive yarn is perfect! This makes the universally available Red Heart and Caron type yarns a popular choice. Otherwise, find stuff on sale!
- *Refer to patterns for yarn amounts and yardages needed. Be careful to adjust for different yarn weights and brands.
- *Feel free to make stripes to use up remaining skeins of yarns

COLOR:

Color choice is also up to you! Definitely use Kid-Friendly colors!

PATTERN:

Again, pretty much any Knit or Crochet pattern works!

- *We have included a few of the basic patterns below.
- *Simple is easier, but feel free to expand your talents with new patterns!
- *You want to choose a pattern that will be firm but soft with your yarn and needle sizes.
- *Avoid lacey or very loose patterns that create “holes” in the work that kids will just snag on something!
- *If you find that your work is too tight or too loose, adjust needles sizes up or down to get the right feel.
- *Many Prayer Shawl Ministries focus on different patterns of “3.”

PROCESS:

Our opportunity to knit and crochet for others allows us to use our hands for God’s glory. God knows who will receive our offering and what their needs are before it is even complete! As you make your shawl or project, pray that your work is blessed, and that the love that you put into each stitch will surround the person who will receive it with God’s comforting embrace.

Scarves – Basic Patterns

Basic Instructions:

Start with any worsted weight yarn, size 10 ½ needles or size H hook.

Feel free to adjust the yarn weight, number of stitches, needle size, or choose a crochet hook that will result in approximately 5” wide.

Knit - Garter Stitch – Plain Garter Stitch works just fine!

Cast on 18 stitches.

All Rows – Knit

Repeat to desired length.

Knit - Ellie’s Scarf Instructions for the Pattern of 3:

Cast on 18 as above.

1st row: k 3, p 3, to end

2nd row: p 3, k 3, to end

Repeat 2 rows to desired length.

To adjust width, increase or decrease by 3 cast on stitches. If you have an even number of multiples of 3 (12, 18, 24 stitches) – follow the pattern rows above.

If you have an odd multiple of 3 (15, 21 stitches), then follow: All Rows: k 3, p 3, to end

No need to worry about a pattern. It will be automatic.

Stop at desired length.

Knit – Basic Ribbed Scarf:

Cast on 22 stitches.

1st row: (K2, P2) across ending with a K2

2nd row: (P2, K2) across ending with a P2

Repeat 2 rows to desired length, bind off in pattern.

Ribbed patterns will “shrink” in a little making them less wide, so feel free to adjust total stitches. To follow this pattern, increase or decrease by 4 stitches.

Crochet – Basic Scarf:

Foundation row: Ch 17, sc in second ch from hook and in each ch across, **turn** (16 sc)

Row 1: Ch 1, sc in first sc and in each sc across, **turn** (16 sc)

Rows 2-3: Repeat Row 1 (16 sc)

Row 4: Ch 3, dc in second sc and in each sc across, **turn** (16 dc)

Row 5: Ch 1, sc in each dc across and in top of beg ch-3, **turn** (16 sc)

Row 6: Ch 1, sc in each sc across, **turn** (16 sc)

Row 7: Ch 1, sc in ea sc across, **turn** (16 sc)

Repeat Rows 4-7 (i.e., 1 row of double crochet followed by 3 rows of single crochet) until scarf is desired length, ending with Row 7. Fasten off and weave in ends.